

Ultrasound in Interventional Pain Medicine Comprehensive Workshop (Plus CIPS Exam preparation Instructions)

Lead Instructor: Sadiq Bhayani

29 Nov. – Lectures & Live Demonstration Scanning

08:30 – 09:00	Registration and Light Breakfast	
09:00 – 10:00	Upper Limb MSK Pain Procedures and Peripheral Nerve Entrapments <ul style="list-style-type: none">• Shoulder- Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral Joint, Suprascapular Nerve• Elbow- Medial and Lateral Elbow, Ulnar Nerve & Cubital Tunnel• Wrist- Carpal Tunnel & Median Nerve, Guyon's Canal & MCP Joint• Upper Limb Nerve Entrapments	Sadiq Bhayani
10:00 – 10:15	Break	
10:15 – 11:15	Lower Limb MSK Pain Procedures and Peripheral Nerve Entrapments <ul style="list-style-type: none">• Hip- Hip Joint, Trochanteric Complex, Ilio-tibial Band & Lateral Femoral Cutaneous Nerve• Knee- Knee Joint and Saphenous Nerve• Ankle- Tibio-tarsal Joint, MTP Joint, Tarsal Tunnel & Tibial Nerve• Lower Limb Nerve Entrapments	Guilherme Dos Santos
11:15-11:30	Break	
11:30 – 12:30	Cervical Spine Procedures/ Procedures for Neck Pain Management Sonography Demonstration <ul style="list-style-type: none">• Cervical Facet and Cervical Medial Branches, TON• Cervical Nerve Roots• Cervical Sympathetic Chain• Greater Occipital Nerve• Trigger Points & Myofascial Pain	Sadiq Bhayani
12:30 – 13:00	Thoracic Spine Procedures/ Procedures for Thoracic Spine and Chest Wall Pain Management <ul style="list-style-type: none">• Thoracic Facets, Costotransverse Joint• Thoracic Paravertebral• Intercostal Nerve• Erector Spinae Plane Block• Parasternal Plane Block	Sadiq Bhayani
13:00-14:00	Lunch Break	

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14:00 – 15:00	Lumbar Spine & Sacrum Procedures/ Low Back and Buttock Pain Management <ul style="list-style-type: none"> • Caudal Epidural • Sacro-iliac Joint & Ligaments • Piriformis Muscle Injection • Lumbar Facet Joint & Medial Branches 	Sadiq Bhayani
15:00 – 16:00	Abdomen & Pelvic Procedures/ Abdominal Myofascial Pain Syndromes, Pelvic Pain Management <ul style="list-style-type: none"> • Ilio-inguinal & Ilio-hypogastric Nerve Block • Rectus Sheath, TAP Plane • Quadratus Lumborum Block • Genitofemoral Nerve Block • Pudendal Nerve Block 	Guilherme Dos Santos
16:00-16:15	Break	
16:15 – 17:00	Headache & Facial Pain Management <ul style="list-style-type: none"> • Supra & Infra-orbital Nerve Block • Maxillary Division of Trigeminal Nerve Block in Pterygo-palatine Fossa/ Sphenopalatine Block • Mental Nerve Block 	Sadiq Bhayani
17:00 – 17:30	How to Prepare for the Ultrasound Certification Examinations <ul style="list-style-type: none"> • Exam Structure • Communication, Knowledge & Skills • Exam Techniques • Clinical Exam Videos 	Sadiq Bhayani
17:30 – 17:45	Q & A with the Instructors and Instructions for Tomorrow	

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Instructors: Sadiq Bhayani, Guilherme Dos Santos, Rahul Bhansali,
Manish Mittal

30 Nov. – Live Model Hands-on Scanning Practice

07:45 – 08:00	Registration and Light Breakfast
08:00 – 09:00	Head, Neck, Cervical Spine Cervical Medial Branch, Cervical Nerve Roots, GON, Cervical Sympathetic Chain, Maxillary Nerve, Supra-orbital, Infra-orbital, Mental Nerve
09:00 – 10:00	Lumbar Area, Pelvis, Abdomen Lumbar Facet Joint, Medial Branches, Caudal, Sacro-iliac Joint, Piriformis, Pudendal Nerve, Ilio-inguinal, Iliohypogastric and Genitofemoral, ACNES, QLB, Rectus Sheath, TAP
10:00 – 11:00	Thoracic Region Thoracic Facet, Costo-transverse Joint, Intercostal Nerve, Para vertebral Space and Erector Spinae Plane (ESP)
11:00 – 11:15	Break
11:15 – 12:15	Shoulder Shoulder Joint, AC Joint, Long Head of Biceps, SASD Bursa, Supra-scapular Nerve, Axillary Nerve, Articular Branches to Shoulder Joint
12:15 – 13:15	Elbow, Forearm & Wrist Medial and Lateral Elbow, Ulnar Nerve, Cubital Tunnel, Carpal Tunnel, MCP Joint, Peripheral Nerves
13:15 – 14:00	Lunch Break
14:00 – 15:00	Hip Hip Joint, Greater Trochanter Complex, Iliopsoas Bursa and Tendon, IT Band, Lateral Femoral Cutaneous Nerve, Articular Branches of Femoral, Obturator and Accessory Obturator Nerve
15:00 – 16:00	Knee and Ankle Knee Joint, Genicular Nerves, Saphenous Nerve, Ankle Joint, Tarsal Tunnel, Tibial and Peroneal Nerves
16:00 – 16:30	Block of your Choice- Ask the Expert
16:30 – 16:45	Q & A and Course Review