

## Ultrasound-Guided Regional Anesthesia Workshop

23<sup>th</sup>-24<sup>th</sup> September, 2023. Weehawken, NJ, USA

Day 1

<b>07:30-08:00</b>	<b>Registration &amp; Light breakfast</b>
<b>08:00-08:45</b>	<b>LECTURE: Practical techniques to make you an ultrasound star</b> All modules include demonstrations on live model, scanning practice on NYSORA simulators and reverse 3D anatomy
<b>08:45-10:00</b>	<b>MODULE 1: Blocks for knee surgery</b> <ul style="list-style-type: none"><li>▶ Femoral nerve block</li><li>▶ Adductor canal block</li><li>▶ Genicular blocks</li><li>▶ IPACK</li></ul>
<b>10:00-10:15</b>	<b>Coffee Break</b>
<b>10:15-11:15</b>	<b>MODULE 2: Blocks for hip surgery</b> <ul style="list-style-type: none"><li>▶ Suprainguinal fascia iliaca block</li><li>▶ PENG Block</li><li>▶ Lateral femoral cutaneous nerve block</li></ul>
<b>11:15-12:15</b>	<b>MODULE 3: Blocks for shoulder/ Clavicle/ Proximal humerus</b> <ul style="list-style-type: none"><li>▶ Interscalene brachial plexus block</li><li>▶ Infraclavicular brachial plexus block</li><li>▶ Suprascapular/ Axillary nerve blocks</li></ul>
<b>12:15-13:00</b>	<b>Lunch with Non-CME lunch lecture:</b> <b>"Liposomal bupivacaine: Tips, tricks and best practice"</b>
<b>13:00-14:00</b>	<b>MODULE 4: Blocks for Truncal surgery</b> <ul style="list-style-type: none"><li>▶ PECS blocks (aka Interpectoral &amp; Pectoserratus blocks)</li><li>▶ Erector spinae plane (ESP) block</li><li>▶ Tap blocks</li></ul>
<b>14:00-14:45</b>	<b>LECTURE: The role of regional anesthesia in enhanced recovery protocols</b>
<b>14:45-15:30</b>	<b>Q&amp;A PANEL WITH THE EXPERTS:</b> Adjuvants, Controversial topics, practical tips and more
<b>15:30-16:30</b>	<b>Scanning practice</b>
<b>16:30</b>	<b>Adjourn</b>

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### Day 2

<b>07:30-08:00</b>	<b>Registration &amp; Light breakfast</b>
<b>08:00-08:30</b>	<b>Review, Q&amp;A and demonstrations with faculty</b>  All modules include demonstrations on live model, scanning practice on NYSORA simulators and reverse 3D anatomy
<b>08:30-09:30</b>	<b>MODULE 5: Scanning &amp; Blocking the lumbar paraspinal region</b> <ul style="list-style-type: none"><li>▶ Neuraxial scanning</li><li>▶ Quadratus lumborum block</li></ul>
<b>09:30-09:45</b>	<b>Coffee Break</b>
<b>09:45-10:30</b>	<b>LECTURE: Prevention and Management of LAST</b>
<b>10:30-12:00</b>	<b>MODULE 6: Blocks for trauma</b> <ul style="list-style-type: none"><li>▶ Serratus plane block</li><li>▶ Popliteal sciatic nerve block</li><li>▶ Rectus sheath blocks</li><li>▶ Axillary brachial plexus block</li></ul>
<b>12:00-12:45</b>	<b>Lunch brake</b>
<b>12:45-13:15</b>	<b>LECTURE: Prevention of nerve injury in peripheral nerve blockade</b>
<b>13:15-14:30</b>	<b>Scanning practice</b>
<b>14:30</b>	<b>Adjourn</b>