

Ultrasound-Guided Regional Anesthesia Workshop

21th-22th October, 2023. Tampa, Florida, USA

Day 1

07:30-08:00	Registration & Light breakfast
08:00-08:45	LECTURE: Practical techniques to make you an ultrasound star All modules include demonstrations on live model, scanning practice on NYSORA simulators and reverse 3D anatomy
08:45-10:00	MODULE 1: Blocks for knee surgery <ul style="list-style-type: none">▶ Femoral nerve block▶ Adductor canal block▶ Genicular blocks▶ IPACK
10:00-10:15	Coffee Break
10:15-11:15	MODULE 2: Blocks for hip surgery <ul style="list-style-type: none">▶ Suprainguinal fascia iliaca block▶ PENG Block▶ Lateral femoral cutaneous nerve block
11:15-12:15	MODULE 3: Blocks for shoulder/ Clavicle/ Proximal humerus <ul style="list-style-type: none">▶ Interscalene brachial plexus block▶ Infraclavicular brachial plexus block▶ Suprascapular/ Axillary nerve blocks
12:15-13:00	Lunch with Non-CME lunch lecture: “Liposomal bupivacaine: Tips, tricks and best practice”
13:00-14:00	MODULE 4: Blocks for Truncal surgery <ul style="list-style-type: none">▶ PECS blocks (aka Interpectoral & Pectoserratus blocks)▶ Erector spinae plane (ESP) block▶ Tap blocks
14:00-14:45	LECTURE: The role of regional anesthesia in enhanced recovery protocols
14:45-15:30	Q&A PANEL WITH THE EXPERTS: Adjuvants, Controversial topics, practical tips and more
15:30-16:30	Scanning practice
16:30	Adjourn

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Day 2

07:30-08:00	Registration & Light breakfast
08:00-08:30	Review, Q&A and demonstrations with faculty All modules include demonstrations on live model, scanning practice on NYSORA simulators and reverse 3D anatomy
08:30-09:30	MODULE 5: Scanning & Blocking the lumbar paraspinal region <ul style="list-style-type: none">▶ Neuraxial scanning▶ Quadratus lumborum block
09:30-09:45	Coffee Break
09:45-10:30	LECTURE: Prevention and Management of LAST
10:30-12:00	MODULE 6: Blocks for trauma <ul style="list-style-type: none">▶ Serratus plane block▶ Popliteal sciatic nerve block▶ Rectus sheath blocks▶ Axillary brachial plexus block
12:00-12:45	Lunch brake
12:45-13:15	LECTURE: Prevention of nerve injury in peripheral nerve blockade
13:15-14:30	Scanning practice
14:30	Adjourn