Ultrasound-Guided Regional Anesthesia Workshop

18th–19th May, 2024. Weehawken, NJ, USA

Day 1

Time	Session
07:30-08:00	**Registration & light breakfast**
08:00-08:45	**LECTURE: Practical techniques to make you an ultrasound star**
08:45-10:00	All modules include demonstrations and scanning practice on live models and simulators, and reverse 3D anatomy **MODULE 1: Blocks for knee surgery** ▸ Femoral nerve block ▸ Adductor canal block ▸ Genicular blocks ▸ IPACK
10:00-10:15	**Coffee break**
10:15-11:15	**MODULE 2: Blocks for hip surgery** ▸ Suprainguinal fascia iliaca block ▸ PENG Block ▸ Lateral femoral cutaneous nerve block
11:15-12:15	**MODULE 3: Blocks for shoulder/ clavicle/ proximal humerus** ▸ Interscalene brachial plexus block ▸ Infraclavicular brachial plexus block ▸ Suprascapular/ Axillary nerve blocks
12:15-13:00	**Lunch with Non-CME lunch lecture:** **"Liposomal bupivacaine: Tips, tricks and best practice"**
13:00-14:00	**MODULE 4: Blocks for truncal surgery** ▸ PECS blocks (aka Interpectoral & Pectoserratus blocks) ▸ Erector spinae plane (ESP) block ▸ Tap blocks
14:00-14:45	**LECTURE: The role of regional anesthesia in enhanced recovery protocols**
14:45-15:30	**Q&A PANEL WITH THE EXPERTS:** Adjuvants, controversial topics, practical tips and more
15:30-16:30	**Scanning practice**
16:30	**Adjourn**

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Day 2

07:30-08:00	**Registration & light breakfast**
08:00-08:30	**Review, Q&A and demonstrations with faculty**

08:30-09:30	All modules include demonstrations and scanning practice on live models and simulators, and reverse 3D anatomy
	MODULE 5: Scanning & blocking the lumbar paraspinal region
	  ▶ Neuraxial scanning
	  ▶ Quadratus lumborum block

09:30-09:45	**Coffee break**
09:45-10:30	**LECTURE: Prevention and management of LAST**

10:30-12:00	**MODULE 6: Blocks for trauma**
	  ▶ Serratus plane block
	  ▶ Popliteal sciatic nerve block
	  ▶ Rectus sheath blocks
	  ▶ Axillary brachial plexus block

12:00-12:45	**Lunch break**
12:45-13:15	**LECTURE: Prevention of nerve injury in peripheral nerve blockade**
13:15-14:30	**Scanning practice**
14:30	**Adjourn**