

Ultrasound-Guided Regional Anesthesia Workshop

14th–15th Dec, 2023. Houston, Texas, USA

Day 1

07:30-08:00	Registration & light breakfast
08:00-08:45	LECTURE: Practical techniques to make you an ultrasound star
	All modules include demonstrations and scanning practice on live models and simulators, and reverse 3D anatomy
08:45-10:00	MODULE 1: Blocks for knee surgery <ul style="list-style-type: none"> ▶ Femoral nerve block ▶ Adductor canal block ▶ Genicular blocks ▶ IPACK
10:00-10:15	Coffee break
10:15-11:15	MODULE 2: Blocks for hip surgery <ul style="list-style-type: none"> ▶ Suprainguinal fascia iliaca block ▶ PENG Block ▶ Lateral femoral cutaneous nerve block
11:15-12:15	MODULE 3: Blocks for shoulder/ clavicle/ proximal humerus <ul style="list-style-type: none"> ▶ Interscalene brachial plexus block ▶ Infraclavicular brachial plexus block ▶ Suprascapular/ Axillary nerve blocks
12:15-13:00	Lunch break
13:00-14:00	MODULE 4: Blocks for truncal surgery <ul style="list-style-type: none"> ▶ PECS blocks (aka Interpectoral & Pectoserratus blocks) ▶ Erector spinae plane (ESP) block ▶ Tap blocks
14:00-14:45	LECTURE: The role of regional anesthesia in enhanced recovery protocols
14:45-15:30	Q&A PANEL WITH THE EXPERTS: Adjuvants, controversial topics, practical tips and more
15:30-16:30	Scanning practice
16:30	Adjourn

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Day 2

07:30-08:00	Registration & light breakfast
08:00-08:30	Review, Q&A and demonstrations with faculty
	All modules include demonstrations and scanning practice on live models and simulators, and reverse 3D anatomy
08:30-09:30	MODULE 5: Scanning & blocking the lumbar paraspinal region <ul style="list-style-type: none">▶ Neuraxial scanning▶ Quadratus lumborum block
09:30-09:45	Coffee break
09:45-10:30	LECTURE: Prevention and management of LAST
10:30-12:00	MODULE 6: Blocks for trauma <ul style="list-style-type: none">▶ Serratus plane block▶ Popliteal sciatic nerve block▶ Rectus sheath blocks▶ Axillary brachial plexus block
12:00-12:45	Lunch break
12:45-13:15	LECTURE: Prevention of nerve injury in peripheral nerve blockade
13:15-14:30	Scanning practice
14:30	Adjourn