

NYSORA Anesthesia CME Retreat – Val d'Isère, France

February 12th – February 16th, 2024

Faculty: Admir Hadzic and Catherine Vandepitte

12 February

08:00-10:00 NYSORA's Teaching Philosophy
Important Concepts for Success with Blocks
Brachial Plexus Blocks above the Clavicle
Brachial Plexus Blocks below the Clavicle
3D Anatomy

17:00-19:00 Spinal vs General Anesthesia for Hip Fracture
Interventional Analgesia Options for THR:
▶ Femoral
▶ FICB – Supra/Infra-Inguinal
▶ Hip/PENG Block
NYSORA's THA Protocol
3D Anatomy

13 February

08:00-10:00 Brief Re-cap
Clavicle Fractures:
▶ ISB & Cervical Plexus
▶ Upper Trunc Blocks
▶ PEC1 (Interpectoral Fascial Plane Block) & Supraclavicular Nerve Block
▶ Periclavicular Infiltration (Clavipectoral Fascial Plane Block) & PEC1
▶ Wallant
Liposome Bupivacaine

17:00-19:00 Shoulder Block (Suprascapular Nerve & Axillary Nerve Block)
Upper Extremity Catheters:
▶ How to Pre-Load the Catheter
▶ Preventing Catheter Leaks
▶ ISB Catheter Failures
Forearm Blocks
▶ Median Nerve Block
▶ Ulnar Nerve Block
▶ Superficial Radial Nerve Block
Are Orthopedic Surgeons Stupid?

NYSORA Anesthesia CME Retreat – Val d'Isère, France

February 12th – February 16th, 2024

Faculty: Admir Hadzic and Catherine Vandepitte

14 February

- 08:00-10:00** Brief Re-cap
How to get the most out of NYSORA: NYSORA's Educational Portfolio
Clinical Case Discussions Upper Extremity Blocks:
- ▶ Respiratory Insufficiency
 - ▶ Active Mobilisation of the Hand Peroperatively
 - ▶ Forearm Fractures
 - ▶ Complicated Humerus Fractures
 - ▶ Elbow Prosthesis
 - ▶ Anatomical Variations in Brachial Plexus Blocks
- Local Anesthetics:**
- ▶ Analgesia vs Anesthesia
 - ▶ Mixing Local Anesthetics
 - ▶ Enhancing the Onset: how?
 - ▶ Overview LA's Onset – Duration – Toxicity

- 17:00-19:00** Lower Extremity Nerve Blocks for Knee Surgery
NYSORA's TKA Protocol TKA
3D Anatomy
How to Build Service and a Winning Team: Primer on Leadership

15 February

- 08:00-10:00** Brief Re-cap
Lower extremity nerve blocks for Ankle/Foot surgery
3D Anatomy
NYSORA' Protocol for Foot and Ankle Surgery

- 17:00-19:00** Truncal Blocks:
- ▶ Paravertebral Blocks
 - ▶ Intercostal and ESP Blocks
 - ▶ PECS I and II
 - ▶ Serratus Plane Blocks
 - ▶ TAP Blocks
- 3D Anatomy

16 February

- 08:00-10:00** Brief Re-cap
Spinal/Epidural US in Clinical Practice: when and how?
US – Scanning Demonstrations