

NYSORA ULTRASOUND-GUIDED REGIONAL ANESTHESIA WORKSHOP 2023

Day 1

07:30 – 08:00	REGISTRATION & LIGHT BREAKFAST
08:00 – 08:45	LECTURE: PRACTICAL TECHNIQUES TO MAKE YOU AN ULTRASOUND STAR
08:45 – 10:00	<p>ALL MODULES INCLUDE DEMONSTRATIONS ON LIVE MODEL, SCANNING PRACTICE ON NYSORA SIMULATORS AND REVERSE 3D ANATOMY</p> <p>MODULE 1: BLOCKS FOR KNEE SURGERY</p> <ul style="list-style-type: none"> • FEMORAL NERVE BLOCK • ADDUCTOR CANAL BLOCK • GENICULAR BLOCKS • IPACK
10:00 – 10:15	COFFEE BREAK
10:15 – 11:15	<p>MODULE 2: BLOCKS FOR HIP SURGERY</p> <ul style="list-style-type: none"> • SUPRAINGUINAL FASCIA ILIACA BLOCK • PENG BLOCK • LATERAL FEMORAL CUTANEOUS NERVE BLOCK
11:15 – 12:15	<p>MODULE 3: BLOCKS FOR SHOULDER/CLAVICLE/PROXIMAL HUMERUS</p> <ul style="list-style-type: none"> • INTERSCALENE BRACHIAL PLEXUS BLOCK • INFRACLAVICULAR BRACHIAL PLEXUS BLOCK • SUPRASCAPULAR/AXILLARY NERVE BLOCKS
12:15 – 13:00	LUNCH WITH NON-CME LUNCH LECTURE: “LIPOSOMAL BUPIVACAINE: TIPS, TRICKS AND BEST PRACTICE”
13:00 – 14:00	<p>MODULE 4: BLOCKS FOR TRUNCAL SURGERY</p> <ul style="list-style-type: none"> • PECS BLOCKS (AKA INTERPECTORAL & PECTOSERRATUS BLOCKS) • ERECTOR SPINAE PLANE (ESP) BLOCK • TAP BLOCKS
14:00 – 14:45	LECTURE: THE ROLE OF REGIONAL ANESTHESIA IN ENHANCED RECOVERY PROTOCOLS
14:45 – 15:30	Q&A PANEL WITH THE EXPERTS: ADJUVANTS, CONTROVERSIAL TOPICS, PRACTICAL TIPS AND MORE
15:30 – 16:30	SCANNING PRACTICE
16:30	ADJOURN

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Day 2

07:30 – 08:00	REGISTRATION & LIGHT BREAKFAST
08:00 – 08:30	REVIEW, Q&A AND DEMONSTRATIONS WITH FACULTY
	ALL MODULES INCLUDE DEMONSTRATIONS AND SCANNING PRACTICE ON LIVE MODELS, AND SCANNING PRACTICE ON NYSORA SIMULATORS
08:30 – 09:30	MODULE 5: SCANNING & BLOCKING THE LUMBAR PARASPINAL REGION <ul style="list-style-type: none">• NEURAXIAL SCANNING• QUADRATUS LUMBORUM BLOCK
09:30 – 09:45	COFFEE BREAK
09:45 – 10:30	LECTURE: PREVENTION AND MANAGEMENT OF LAST
10:30 – 12:00	MODULE 6: BLOCKS FOR TRAUMA <ul style="list-style-type: none">• SERRATUS PLANE BLOCK• POPLITEAL SCIATIC NERVE BLOCK• RECTUS SHEATH BLOCKS• AXILLARY BRACHIAL PLEXUS BLOCK
12:00 – 12:45	LUNCH BREAK
12:45 – 13:15	LECTURE: PREVENTION OF NERVE INJURY IN PERIPHERAL NERVE BLOCKADE
13:15 – 14:30	SCANNING PRACTICE
14:30	ADJOURN