



NYSORA ULTRASOUND GUIDED REGIONAL ANESTHESIA WORKSHOP 2023

Day 1

08:30 – 09:00	REGISTRATION & LIGHT BREAKFAST
09:00 – 09:30	INTRODUCTION - PRACTICAL TECHNIQUES TO MAKE YOU AN ULTRASOUND STAR
09:30 – 10:30	MODULE 1: BLOCKS FOR THE UPPER EXTREMITY <ul style="list-style-type: none">• INTERSCALENE• SUPRACLAVICULAR
10:30 – 10:45	COFFEE BREAK
10:45 – 13:00	<ul style="list-style-type: none">• INFRACLAVICULAR• AXILLARY• FOREARM BLOCKS <p>UPPER EXTREMITY BLOCKS IN CLINICAL PRACTICE</p> <p>THE USE OF LOCAL ANESTHETICS IN REGIONAL ANESTHESIA</p>
13:00 – 14:00	LUNCH BREAK
14:00 – 15:00	MODULE 2: BLOCKS FOR THE LOWER EXTREMITY <ul style="list-style-type: none">• FASCIA ILIACA BLOCK• HIP/PENG BLOCK• FEMORAL NERVE BLOCK• FEMORAL TRIANGLE/ ADDUCTOR CANAL BLOCK
15:00 – 15:15	COFFEE BREAK
15:15 – 17:00	<ul style="list-style-type: none">• POPLITEAL• ANKLE BLOCK <p>LOWER EXTREMITY BLOCKS IN CLINICAL PRACTICE</p>



NYSORA ULTRASOUND GUIDED REGIONAL ANESTHESIA WORKSHOP 2023

Day 2

08:30 – 09:00	REGISTRATION & LIGHT BREAKFAST
09:00 – 10:45	MODULE 3: TRUNCAL BLOCKS THORACIC AND ABDOMINAL WALL BLOCKS <ul style="list-style-type: none">• PEC I-II• SERRATUS PLANE BLOCK• TAP BLOCK
10:45 – 11:00	COFFEE BREAK
11:00 – 11:30	PREVENTION OF NERVE INJURY AND MANAGEMENT OF LAST
11:30 – 12:30	NEURAXIAL AND PARASPINAL BLOCKS <ul style="list-style-type: none">• SPINAL• PARAVERTEBRAL• ERECTOR SPINAE BLOCK
12:30 – 13:30	LUNCH BREAK
13:30 – 14:30	SCANNING PRACTICE, NYSORA SIMULATOR TRAINING AND ASK THE EXPERTS
14:30 – 15:00	TRUNCAL BLOCKS IN CLINICAL PRACTICE
