



NYSORA ULTRASOUND GUIDED REGIONAL ANESTHESIA WORKSHOP 2023

October 7-8, 2023.

LEAD INSTRUCTOR: IMRÉ VAN HERREWEGHE

Day 1

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| 08:30 – 09:00 | REGISTRATION & LIGHT BREAKFAST |
| 09:00 – 09:30 | INTRODUCTION - PRACTICAL TECHNIQUES TO MAKE YOU AN ULTRASOUND STAR |
| 09:30 – 10:30 | MODULE 1: BLOCKS FOR THE UPPER EXTREMITY <ul style="list-style-type: none">• INTERSCALENE• SUPRACLAVICULAR |
| 10:30 – 10:45 | COFFEE BREAK |
| 10:45 – 13:00 | <ul style="list-style-type: none">• INFRACLAVICULAR• AXILLARY• FOREARM BLOCKS <p>UPPER EXTREMITY BLOCKS IN CLINICAL PRACTICE</p> <p>THE USE OF LOCAL ANESTHETICS IN REGIONAL ANESTHESIA</p> |
| 13:00 – 14:00 | LUNCH BREAK |
| 14:00 – 15:00 | MODULE 2: BLOCKS FOR THE LOWER EXTREMITY <ul style="list-style-type: none">• FASCIA ILIACA BLOCK• HIP/PENG BLOCK• FEMORAL NERVE BLOCK• FEMORAL TRIANGLE/ ADDUCTOR CANAL BLOCK |
| 15:00 – 15:15 | COFFEE BREAK |
| 15:15 – 17:00 | <ul style="list-style-type: none">• POPLITEAL• ANKLE BLOCK <p>LOWER EXTREMITY BLOCKS IN CLINICAL PRACTICE</p> |



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Day 2

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| 08:30 – 09:00 | REGISTRATION & LIGHT BREAKFAST |
| 09:00 – 10:45 | MODULE 3: TRUNCAL BLOCKS THORACIC AND ABDOMINAL WALL BLOCKS <ul style="list-style-type: none">• PEC I-II• SERRATUS PLANE BLOCK• TAP BLOCK |
| 10:45 – 11:00 | COFFEE BREAK |
| 11:00 – 11:30 | PREVENTION OF NERVE INJURY AND MANAGEMENT OF LAST |
| 11:30 – 12:30 | NEURAXIAL AND PARASPINAL BLOCKS <ul style="list-style-type: none">• SPINAL• PARAVERTEBRAL• ERECTOR SPINAE BLOCK |
| 12:30 – 13:30 | LUNCH BREAK |
| 13:30 – 14:30 | SCANNING PRACTICE, NYSORA SIMULATOR TRAINING AND ASK THE EXPERTS |
| 14:30 – 15:00 | TRUNCAL BLOCKS IN CLINICAL PRACTICE |
