

# NYSORA<sup>®</sup>

## CME RETREAT: VILAMOURA, THE ALGARVE, PORTUGAL. 18-21 SEPTEMBER, 2023

Instructors: Jonathan Douglas Jaffe, DO, FASA, FAOCA and Christopher J. Edwards, MD

18 September

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08:00-10:00    **Functional Regional Anesthesia Anatomy**  
Optimizing an Ultrasound Image

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18 September

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17:00-19:00    **Fascial Plane Blocks**  
Transversus  
Quadratus  
Pecs/Serratus

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19 September

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08:00-10:00    **Upper Extremity Blocks**  
Interscalene Brachial plexus    Infraclavicular Brachial Plexus  
Supraclavicular Brachial Plexus    Costoclavicular Brachial Plexus

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19 September

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17:00-19:00    **Upper Extremity Blocks**  
Phrenic Sparing Approaches to the Shoulder  
Axillary Brachial Plexus Blocks

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20 September

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08:00-10:00    **Lower Extremity Blocks**  
Fascia Iliaca  
Femoral Nerve  
Adductor Canal

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20 September

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17:00-19:00    **Lower Extremity Blocks**  
Popliteal  
IPACK  
PENG/Hip

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21 September

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08:00-10:00    **Total Shoulder, Hip and Knee Arthroplasty**

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