



**ANESTHESIA CME RETREAT,  
VAL-D'ISÈRE, FRANCE. February 27 - March 3, 2023**

**MONDAY MORNING**

08:00-10:00 **Functional Regional Anesthesia Anatomy**  
Optimizing an Ultrasound Image

**AFTERNOON**

17:00-19:00 **Fascial Plane Blocks for Abdomen & Hip**

- Transversus Abdominis Plane Blocks
- Quadratus Lumborum Blocks
- PENG/Hip Block

**TUESDAY MORNING**

08:00-10:00 **Upper Extremity Blocks**

- Interscalene Brachial plexus Block
- Supraclavicular Brachial Plexus Block
- Infraclavicular Brachial Plexus Block
- Costoclavicular Brachial Plexus Block

**AFTERNOON**

17:00-19:00 **Upper Extremity Blocks**

- Shoulder Block
- Axillary Brachial Plexus Blocks
- Blocks above the elbow
- Wrist Blocks



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**WEDNESDAY MORNING**

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- 08:00-10:00**    **Lower Extremity Blocks**
- Fascia Iliaca Block
  - Femoral Nerve Block
  - Adductor Canal Block

**AFTERNOON**

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- 17:00-19:00**    **Lower Extremity Blocks**
- Popliteal
  - IPACK
  - Ankle

**THURSDAY MORNING**

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- 08:00-10:00**    **Regional Anesthesia for Ambulatory Hand and Foot surgery**

**AFTERNOON**

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- 17:00-19:00**    **Total Shoulder, Hip and Knee Arthroplasty**

**FRIDAY**

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- 08:00-10:00**    **Review of what we have learned and Q&A**

**END OF MEETING**