



**ANESTHESIA CME RETREAT,
CANCUN, MEXICO. Nov 14 - Nov 18, 2022**

MONDAY MORNING

08:00-10:00 **Functional Regional Anesthesia Anatomy**
Optimizing an Ultrasound Image

AFTERNOON

17:00-19:00 **Fascial Plane Blocks for Abdomen & Hip**

- Transversus Abdominis Plane Blocks
- Quadratus Lumborum Blocks
- PENG/Hip Block

TUESDAY MORNING

08:00-10:00 **Upper Extremity Blocks**

- Interscalene Brachial plexus Block
- Supraclavicular Brachial Plexus Block
- Infraclavicular Brachial Plexus Block
- Costoclavicular Brachial Plexus Block

AFTERNOON

17:00-19:00 **Upper Extremity Blocks**

- Shoulder Block
- Axillary Brachial Plexus Blocks
- Blocks above the elbow
- Wrist Blocks



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WEDNESDAY MORNING

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- 08:00-10:00** **Lower Extremity Blocks**
- Fascia Iliaca Block
 - Femoral Nerve Block
 - Adductor Canal Block

AFTERNOON

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- 17:00-19:00** **Lower Extremity Blocks**
- Popliteal
 - IPACK
 - Ankle

THURSDAY MORNING

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- 08:00-10:00** **Regional Anesthesia for Ambulatory Hand and Foot surgery**

AFTERNOON

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- 17:00-19:00** **Total Shoulder, Hip and Knee Arthroplasty**

FRIDAY

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- 08:00-10:00** **Review of what we have learned and Q&A**

END OF MEETING