

## NYSORA ULTRASOUND – GUIDED REGIONAL ANESTHESIA & VASCULAR ACCESS WORKSHOP 2021

Day 1

08:30 – 09:00	<b>REGISTRATION &amp; LIGHT BREAKFAST</b>
09:00 – 09:45	<b>LECTURE: PRACTICAL TECHNIQUES TO MAKE YOU AN ULTRASOUND STAR</b>
09:45 – 10:45	<p>ALL MODULES INCLUDE DEMONSTRATIONS ON LIVE MODEL, SCANNING PRACTICE ON NYSORA SIMULATORS AND REVERSE 3D ANATOMY</p> <p><b>MODULE 1: BLOCKS FOR KNEE SURGERY</b></p> <ul style="list-style-type: none"> <li>• FEMORAL</li> <li>• ADDUCTOR CANAL</li> <li>• GENICULAR</li> <li>• IPACK</li> </ul>
10:45 – 11:00	<b>COFFEE BREAK</b>
11:00 – 12:00	<p><b>MODULE 2: BLOCKS FOR HIP SURGERY</b></p> <ul style="list-style-type: none"> <li>• SUPRAINGUINAL FASCIA ILIACA</li> <li>• PENG/HIP BLOCK</li> </ul>
12:00 – 13:00	<p><b>MODULE 3: BLOCKS FOR SHOULDER/CLAVICAL/PROXIMAL HUMERUS SURGERY</b></p> <ul style="list-style-type: none"> <li>• INTERSCALENE BRACHIAL PLEXUS</li> <li>• INFRACLAVICULAR BRACHIAL PLEXUS</li> <li>• SUPRASCAPULAR/AXILLARY NERVE BLOCK</li> </ul>
13:00 – 14:00	<b>LUNCH BREAK</b>
13:00 – 13:30	<p><b>NON-CME LUNCH LECTURE:</b></p> <p><b>LIPOSOME BUPIVACAINE-MECHANISM, INDICATIONS AND BEST USES</b></p>
14:00 – 15:00	<p><b>MODULE 4: BLOCKS FOR BREAST/CHEST WALL SURGERY</b></p> <ul style="list-style-type: none"> <li>• PECS BLOCKS</li> <li>• PARAVERTEBRAL BLOCKS</li> <li>• ERECTOR SPINAE PLANE BLOCKS</li> <li>• PARASTERNAL BLOCKS</li> </ul>
15:00 – 15:45	<b>LECTURE: THE ROLE OF RA IN ERAS PROTOCOLS: THEORY AND PRACTICE</b>
15:45 – 17:00	<b>SCANNING PRACTICE</b>
17:00	<b>ADJOURN</b>

08:30 – 09:00	<b>REGISTRATION &amp; LIGHT BREAKFAST</b>
09:00 – 10:00	<p>ALL MODULES INCLUDE DEMONSTRATIONS ON LIVE MODEL, SCANNING PRACTICE ON NYSORA SIMULATORS AND REVERSE 3D ANATOMY</p> <p><b>MODULE 5: SCANNING AND BLOCKING THE LUMBAR PARASPINAL REGION</b></p> <ul style="list-style-type: none"> <li>• NEURAXIAL SCANNING</li> <li>• QUADRATUS LUMBORUM BLOCK</li> <li>• LUMBAR PLEXUS BLOCK</li> </ul>
10:00 – 10:15	<b>COFFEE BREAK</b>
10:15 – 11:00	LECTURE: PREVENTION AND MANAGEMENT OF LAST
11:00 – 12:00	<p><b>MODULE 6: BLOCKS FOR TRAUMA</b></p> <ul style="list-style-type: none"> <li>• SERRATUS PLANE BLOCK</li> <li>• POPLITEAL SCIATIC NERVE BLOCK</li> <li>• RECTUS SHEATH BLOCKS</li> </ul>
12:00 – 12:45	<b>LUNCH BREAK</b>
13:00 – 13:45	LECTURE: PREVENTION OF NERVE INJURY IN PERIPHERAL NERVE BLOCKADE
13:45 – 15:15	SCANNING PRACTICE
15:15	<b>ADJOURN</b>