

## CME RETREATS: WHAT'S NEW BY WHO'S WHO IN ANESTHESIA DALMAHOY HOTEL & COUNTRY CLUB, EDINBURGH, SCOTLAND. 11-13 June, 2021

### FRIDAY MORNING

|             |   |
|-------------|---|
| 08:00-08:30 | Introduction: NYSORA - What is new?   |
| 08:30-09:00 | Analgesia for clavicle fractures: Current evidence and recommendations          |
| 09:00-09:30 | Analgesia for shoulder surgery  |
| 09:30-10:00 | An update on infraclavicular, costoclavicular & axillary brachial plexus blocks |

### AFTERNOON

|             |  |
|-------------|--|
| 16:30-17:00 | All you need to know about forearm blocks                                    |
| 17:00-17:30 | Ultrasound physics made simple: What is that machine really doing?           |
| 17:30-18:00 | Understanding and setup of the ultrasound machine for picture-perfect images |
| 18:00-18:30 | Nerve blocks or local infiltration for total knee replacement?               |
| 18:30-19:00 | The future of ultrasound in anesthesia                                       |

### SATURDAY MORNING

|             |  |
|-------------|--|
| 08:00-08:30 | Understanding the fascia iliaca block: Mechanisms and indications  |
| 08:30-09:00 | Femoral, femoral triangle and adductor canal: Lost in translation? |
| 09:00-09:30 | Total hip arthroplasty: Latest fast-track protocol                 |
| 09:30-10:00 | Nerve blocks or local infiltration for total knee replacement?     |

### AFTERNOON

|             |  |
|-------------|--|
| 16:30-17:00 | Chronic knee pain: Interventional analgesia techniques               |
| 17:00-17:30 | How to tackle pain for foot surgery                                  |
| 17:30-18:00 | RA in the ambulatory patient: What happens when the blocks wear off? |
| 18:00-18:30 | Intraoperative opioid sparing regimens: What is the evidence?        |
| 18:30-19:00 | Understanding liposomal bupivacaine: Tips for successful use         |

### SUNDAY MORNING

|             |   |
|-------------|---|
| 08:00-08:30 | Understanding the thoracic fascial plane blocks                       |
| 08:30-09:00 | Understanding the abdominal fascial plane blocks                      |
| 09:00-09:30 | Avoiding complications of nerve blocks                                |
| 09:30-10:00 | Prevention and treatment of local anesthetic systemic toxicity (LAST) |

END OF MEETING