



## CME RETREATS: WHAT'S NEW BY WHO'S WHO IN ANESTHESIA VAL-D'ISÈRE, FRANCE. FEBRUARY 15-19, 2021

### MONDAY MORNING

08:00-08:30	NYSORA regional anesthesia teaching tools (Introduction)
08:30-09:00	Simulation in regional anesthesia
09:00-09:30	Monitoring and documentation for regional anesthesia
09:30-10:00	How to become proficient in regional anesthesia

### AFTERNOON

17:00-17:30	Analgesia for clavicle surgery: The cervical plexus block
17:30-18:00	Anesthesia for shoulder surgery Part I
18:00-18:30	Analgesia for shoulder surgery Part II: Phrenic nerve-sparing techniques
18:30-19:00	Anesthesia for hand surgery

### TUESDAY MORNING

08:00-08:30	Simulation for upper extremity blocks: Demonstration
08:30-09:00	Ultrasound in the morbidly obese
09:00-09:30	Regional anesthesia and thoracic surgery Part I: Thoracic paravertebral and ESP blocks
09:30-10:00	Regional anesthesia and thoracic surgery Part II: PECS and Serratus plane blocks

### AFTERNOON

17:00-17:30	Neurologic complications after nerve blocks: How to prevent and manage
17:30-18:00	Regional anesthesia and abdominal surgery: TAP and rectus sheath blocks
18:00-18:30	Regional anesthesia and abdominal surgery: QL blocks
18:30-19:00	Simulation for thoracic wall blocks: Demonstration

## WEDNESDAY MORNING

08:00-08:30	Simulation for abdominal wall blocks: Demonstration
08:30-09:00	Total Hip Arthroplasty: Latest Fast-Track Protocol
09:00-09:30	Total Knee Arthroplasty: Latest Fast-Track Protocols
09:30-10:00	Analgesia for foot and ankle surgery

## AFTERNOON

17:00-17:30	Femoral, femoral triangle and adductor canal: Lost in translation?
17:30-18:00	Simulation for lower extremity blocks: Demonstration
18:00-18:30	Extending the duration of single-injection blocks: To mix or not to mix?
18:30-19:00	Question and answers

## THURSDAY MORNING

08:00-08:30	An update on continuous peripheral nerve blocks
08:30-09:00	Timeout and Checklists: What's all The Fuss About
09:00-09:30	How to set up an efficient regional anesthesia service?
09:30-10:00	PowerPoint Presentations: Part I - How to build a good presentation?

## AFTERNOON

17:00-17:30	PowerPoint Presentations: Part II - How to deliver a good presentation?
17:30-18:00	Understanding liposomal bupivacaine: Successful tips for use
18:00-18:30	Prevention and treatment of local anesthetic systemic toxicity (LAST)
18:30-19:00	Question and answers

## FRIDAY

08:00-08:30	Infection prevention and control in ultrasound-guided procedures: Current recommendations
08:30-09:00	Spinal sonography and applications for neuraxial anesthesia
09:00-09:30	Regional anesthesia for ambulatory patients
09:30-10:00	Question and answers

END OF MEETING